



Pony Club Safety Equipment Achievement Badge Syllabus

Equipment Safety

Guidelines

To be able to assess the suitability for use of Riding Hats, Body Protectors, rider footwear and tack.

Key Points

Riding Hats & Body Protectors

- * Know what to look for in a correctly fitting Riding Hat & Body Protector
- * To understand the importance of correctly adjusting both the throat/jaw and back straps of Riding Hats
- * To be aware of the safety standards for Riding Hats & Body Protectors
- * To know when Riding Hats & Body Protectors should be replaced
- * To know how to care for Riding Hats & Body Protectors

Tack and Footwear Safety

- * To know how to check tack for required repairs and safety (N.B. This is tack maintanence not fitting)
- * To identify and understand the requirements of safe footwear for the rider
- * To know how to correctly size a stirrup for use

Teaching, Testing Ideas & Resources

- Both correctly & incorrectly fitted and adjusted Riding Hats & Body Protectors to be demonstrated & explained.
- To demonstrate the correct storage of riding wear & tack using protective carriers & tack room fittings that are away from both direct heat and damp
- To work through the BETA information leaflets for Riding Hats, Body Protectors & Tack Safety
- Understand where the standards are shown on both hats and body protectors and identify obsolete standards through the labels
- To provide a practical demonstration of a full tack safety check

Game: - Provide a set of tack with several clear safety issues e.g. stirrup leathers & girth straps with stretched worn buckle holes, undone stitching or buckles with bent tongues in them. Ask the Pony Club members to "find the faults" on these

Game: - Provide three riding boots of varying sizes and one stirrup. Ask the members to select the correct fit and to explain why?

Game: - Place a Body Protector & Riding Hat that are both too long and too big on a member. Sit them on a saddle horse to see how this feels when in the saddle?

Game: Have a selection of outdated hats and body protectors with one of each to current standard and ask members to identify which are safe to use

Recommended Reading

 $The \ Manual \ of \ Horseman ship$

Safety information leaflets published by the British Equestrian Trade Association (BETA). www.beta-uk.org